

email COVID19@mihealthclinic.com

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Dear Parents,

MDHHS Guidance for Athletics has required students age 13-19 to be tested weekly and prior to competition. These students are recommended to receive a COVID19 PCR or Antigen test prior to athletic competition once and even three times per week depending on competition type.

- 1. All individuals ages 13 19 participating in contact & non-contact athletic activities must test for SARS-CoV-2 on a weekly basis.
- 2. Individuals who participate in contact sports where face masks cannot be worn must test for SARS-CoV-2 before an unmasked activity, up to 3 times weekly.
- 3. If you choose not to participate in COVID-19 testing your student athlete cannot participate in high school athletics during the pandemic.







"NO-COST" TESTING **LABORATORIES**

Michigan Health Clinics has performed the most tests in the Great Lakes Bay area since the beginning of the pandemic. We are a "no-cost test center" & listed on the Michigan state website. While we do collect insurance information, this is only to be reimbursed for our testing fees from the insurance companies and government.

- Your testing is **FREE**. 1.
- MHC is a "no cost" testing facility. 2.
- 3. You will not receive a bill.
- 4. You will not have a copay.
- The fees will not be applied to your deductible. 5.
- This form needs to be filled out only once.

COVID-19 testing is just one of many ways your school is working to help keep student athletes, coaches, and families safe from the coronavirus.

Sincerely,

Raguel Dottery, Director of COVID19 Outreach P || 989.252.5126

